

# Let's Get Moving!

¡Pongámonos en marcha!



## Let's Move Fitness Classes!

Special-Needs Fitness Enrichment!

Call us for class times, location, cost and schedule!

Llámenos para horarios de clase, ubicación, precio y horario!

**Mondays and Wednesdays**

Class times vary depending on number and ages of participants!

Classes generally starts at 6:15 pm. Ages 6-21 years

(Nosotros hablamos español)



**One World Center for Autism, Inc.**  
Linking those living with autism to their world



301-618-8395 or email [programs@worldforautism.org](mailto:programs@worldforautism.org)