

FRIDAY NIGHT



Realizing **I**ndividual **S**ocial **E**mpowerment

An Enrichment Program for Youth and Adults with Autism and related Special Needs

Caregivers of youth and adults

ages 14+.....

- Do you feel your youth or adult struggles with basic life and social skills?
- Are you concerned about their safety regarding their physical maturation, supervision at home, relationships, or community navigation?

R.I.S.E. is here!

R.I.S.E gives our youth and adults the knowledge and experiences to make healthier and safer transitions to and in adulthood in the company of their peers!

R.I.S.E focuses on developing daily living skills, communication and the self-regulation that our youth and adults need to have richer personal and community experiences!

R.I.S.E. is a collaborative enrichment program of the One World Center for Autism and Home Life Coaching that will be offered over three seasonal sessions. Each session consists of 6 classes that will be offered on a biweekly basis on Friday nights. Each class will consist of life skills coaching, social skills instruction and fun food preparation. Each session will end in a celebratory community experience to highlight and integrate skills taught in that session.

Here is what we have in store for our amazing youth and adults:

Fall Session- My SOCIAL LIFE
Winter Session - My BODY
Spring Session - My COMMUNITY

Turn over for more information!

When: Select Friday Nights, see reverse for Calendar and topics explored (*dates and topics are subject to change*)

Where: One World Center for Autism, 7401 Forbes Blvd Suite A, Lanham Md 20706
Time: 7:00-9:00 pm

Cost: \$250 per session (end of session community activity may have additional cost)

To Register- Call 301-618-8395 or email Brenda@worldforautism.org



Fall Session- My Social Life

OCTOBER

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NOVEMBER

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DECEMBER

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Off Holiday Break



Winter Session- My Body

JANUARY

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FEBRUARY

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Spring Session- My Community

APRIL

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MAY

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JUNE

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21	22	23	24	25	26	27
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Fall Topics

Manners, Admitting when you are Wrong, Creating Conversation, Dating and Romance, Detecting a Lie, Taking Responsibility

Winter Topics

Basic First Aid, Self Defense, Knowing When You are Sick, Practicing Good Dental Hygiene, Basic Home Repairs, Emergency Preparedness

Spring Topics

Handling Money, Grocery Shopping, Pumping Gas, Ordering at Restaurant, Packing your Suitcase

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